

Asian Kill Zone Time

Forex

19:00 (20:00) – 00:00 EST

Indices

20:00 – 00:00 EST

This period is particularly relevant for those trading the Australian dollar, the New Zealand dollar, and Japanese yen pairs, as these markets are most active during this time. The Asian session can sometimes set up an optimal trade entry pattern that can offer 15 to 20 pips for a scalp.

NY Kill Zone Time

Forex

07:00 – 10:00 EST

Generally provides Continuation or Reversal of London move

Indices

07:00 – 10:00 EST
(08:30 – 11:00 EST)

NY AM: 09:30 – 12:00

NY PM: 13:30 – 16:00

London Kill Zone Time

Forex

02:00 – 05:00 EST

A period during the London trading session that sees the highest volume of order execution than any other trading session. It typically creates the low of the day when the market is primarily bullish and the high of the day when bearish.

Indices

02:00 – 05:00 EST

London Close Kill Zone Time

Forex

10:00 – 12:00 EST

LCKZ is a specific time frame that can create continuation points for swings that trade well into New York afternoon hours. That means if we're bullish overall in the day, instead of creating the high of the day in bullish markets, many times, the New York Close Killzone can create a continuation pattern. The London Close Killzone is the last chance for traders to make their move before the market closes. This period can be particularly profitable for those who can accurately predict the market's movements.

Indices

10:00 – 12:00 EST